

Up&Coming

From The ED's Desk



The beginning of a new year is a time of reflection — a time to look back and a time to look forward.

In looking back, I extend a heartfelt thank you to the many RWN volunteers who worked tirelessly to make 2006 an exciting and successful year. I will not list everyone by name for fear that someone might inadvertently be omitted, but I would be remiss if I did not personally thank Ellie Cope, President of the Board; Donna Rawady, President of the Board for 2007, and Barbara Capiersheo, RWN Administrative Assistant, for their help and support throughout the year. It has been my pleasure to work with each and every one of you, and I look forward to continuing our partnership. I am confident that with your help 2007 will be a banner year for RWN.

In looking forward, I think of resolutions — those qualities or actions in our lives that we want to change or improve upon. RWN is all about empowering women to make positive changes and can help you keep your New Years resolutions. RWN provides networking opportunities, programs on a wide variety of topics, Small Interest Groups, and volunteer opportunities that enable you, our members, to make vital connections, grow personally and professionally, and succeed. I encourage you to make the most of your RWN membership during 2007.

Best wishes for a happy, healthy, and prosperous new year.

Mary

Mary Peters
Executive Director

3rd Annual Splash and "W" Award Presentation

- Date:** March 7, 2007
Time: 5:30 p.m. to 8:30 p.m.
Place: The Lodge at Woodcliff
 199 Woodcliff Drive, Fairport, NY 14450
Cost: \$30 Member/\$40 Non-Member
 Until 2/28/07
 \$35 Member/\$45 Non-Member
 After 2/28/07

Come make a Splash! with us and celebrate the contributions of the incredible "W" Award finalists at Rochester Women's Network's 3rd Annual Splash! and 2007 "W" Award Presentation. Join us for this fun filled evening of networking to:

- Connect with other career-minded women
- Get acquainted with RWN Directors, Leaders, and Staff
- Honor the "W" Award finalists
- Take a chance to win fabulous prizes in the Chinese Ticket Auction
- Celebrate with the recipient of the 2007 "W" Award when her name is announced

The RWN "W" Award has been given annually since 1986 to a local woman in recognition of her work on behalf of women. This prestigious award acknowledges a local woman who:

- Works on behalf of women, going above and beyond the day-to-day expectations, of her paid or unpaid position, to support the personal and professional growth of women
- Empowers and influences other women to learn, grow, advance, and succeed through her example
- Inspires others through her courage, initiative, and creative energy
- Exemplifies a high standard of integrity and respect for others

This event is generously sponsored by Preferred Care, Rochester Woman Magazine, E. Philip Saunders College of Business at Rochester Institute of Technology, and My Digital Office.

Watch the web site for more information.
 We look forward to seeing you there!

**Register today — this popular event
 sells out quickly!**

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The 11th Annual Business Conference

Powering the Economy through Leadership and Innovation: Discovering What You Have that the Regional Economy Needs

What a great day Friday, November 3 was! You had to be there to fully appreciate the energy and sense of connection we experienced. Over 500 people gathered at the Rochester Riverside Convention Center for the 11th Annual Business Conference and RWN's Up and Coming Businesswomen's Award Luncheon.

The conference program aligned with the local WIRED (Workforce Innovation in Regional Economic Development) initiative that is designed to revitalize the regional economy. Maggie Brooks, Monroe County Executive, offered her perspective on the opportunities WIRED affords our community and helped set the tone for the day at the plenary session. Gay Gilbert, Administrator for the United States Department of Labor, Employment, and Training Administration's Office of Workforce Development and point person for the WIRED Finger Lakes Partnership, delivered an encouraging and informative keynote address. The day featured timely and focused panel discussions presented by local experts that enabled participants to learn where the regional economy is headed and how to take advantage of and contribute to emerging opportunities, in addition to 40 exhibitor booths featuring a wide variety of products and services.

The Up and Coming Businesswomen's Award luncheon celebrated the accomplishments and contributions of 15 talented "up and coming women". Our luncheon speaker, Germaine Knapp, President of Sojourner House, was truly inspirational. Robert Duffy, Mayor of Rochester,

presented the wrap-up session to a standing room only crowd. At the end of the day, we came together to network and enjoy the sounds of the Blue Avengers, featuring talented jazz vocalist, Alana Miller, during the networking reception.

We are grateful to Laurie King-Pirchner and Debbie Stendardi, Conference Co-chairs, and the following volunteers who worked tirelessly to make the 11th Annual Business Conference a overwhelming success: Patricia Bascomb, Mary Boyd, Chair, Programs Committee, Karen Braden, Chair, Marketing & PR Committee, Sarah Burke, Elizabeth Ciaccio, Laurie Clayton, Lin Czop, Co-Chair, Exhibitors Committee, Gina DeMauro, Katherine Dziedzic, Nancy Forand, Nancy Grant, Cindee Gray, Dawn Hampsey, Co-Chair, Program Book & Ad Sales Committee, Debbie Harper, Vice President of Major Events, Victoria Hines, Vicki James, Jennifer Johnson, Karen Knowles, Joanne Laudisi, Ann Laurini, Cheryl Litzenberger, Joanne Madonia, Co-Chair, Exhibitors Committee, Molly McGowan, Michelle Magee, Leslie McCarthy, Madelyn McCarthy, Katharine McMahan, Co-Chair, Day of Event Committee, Alana Miller, Susan Morris, Co-Chair, Program Book & Ad Sales Committee, Kim Pandina, Teresa Principe, Lucinda Steinhauser, Annette Stewart, Sharon Stiller, Jillian Stokes, Co-Chair, Day of Event Committee, Barbara Story, Melissa Taylor, Belimar Velazquez, Vicki Weaver, Chair, Up and Coming Businesswomen's Award Committee, Nancy Wilson and Diane Zielinski.



Up and Coming Businesswomen Award honorees:

Second row left to right:
Tamala David, Tracy Robertson, Renee Williams, Karlee Bolaños, Esq., Michelle Keller, Amber Joles, Esq., Mary Staropoli

Front row from left to right:
Robin Wilson, Catherine (Kay) Conheady, Hyshá Robinson, Amy Castronova, Kelly Downs, Jennifer Smiljanich, Cynthia Gary

Not pictured:
Donna Tortoretti

(Article continued from page 2)

The following women received door prizes:

Dawn Hampsey, Kim Kircher, Katharine McMahon, Susan Morris, Cindy O'Grady, Karen Schuhle-Williams, Bridget Ryan, and Susan Yovanoff. Congratulations all!

A special thank you to...

Our Underwriters: Presenting Sponsor, Preferred Care; Supporting Sponsors: Rochester Woman Magazine, Democrat and Chronicle, MIKAREN Interactive, Video and Design, My Digital Office, E. Philip Saunders College of Business at Rochester Institute of Technology, WIRED Finger Lakes Partnership, Davie Kaplan, Chapman and Braverman, CPAs., Constellation Brands, ESL Federal Credit Union, Paychex, Advantage Professionals, and The Summit Federal Credit Union.

Gifts-In-Kind Donors: Ayers Printing Company, Rochester Institute of Technology's Printing Applications Lab and the Office of Government and Community Relations, and Technology Rentals of America, LLC.

Door Prize Donors: Sandy Benedetti (Mary Kay Cosmetics), Brow Diva, Casa Larga Vineyards, Lin Czop (Lin Czop Interiors) Donna DeClemente (Arbonne facial products), Face to Face Salon, Hawthorne's Restaurant, Made You Look Day Spa, Joanne Madonia (Silpada Designs Jewelry), Becky Olsen (Mary Kay Cosmetics), and Windsor Cottage.

MEMBERSHIP RENEWAL REMINDER

2006 Rochester Women's Network Memberships expired December 31, 2006. If you haven't renewed your membership, do it today. You won't want to miss out on another exciting year of RWN events and programs. In the next few months alone, there will be programs on personal safety, the "accidental career," Early Bird Networking, and more.

If you have not attended an Orientation and Recruitment meeting recently, consider reacquainting yourself with RWN. You might be surprised at what you don't know about us. Plus, it's a great opportunity to introduce yourself to other members and tell us about your business. To get even more out of your membership, consider upgrading to the Patron, Advocate, or Mentor level. There are two easy ways to renew. Either complete the renewal form you received in the mail and return it with your payment to Rochester Women's Network, 249 Highland Avenue, Rochester, NY 14620 or renew on line at www.rwn.org.

Welcome New 2007 RWN President, Donna Rawady —

Hello everyone! It's been a pleasure working with many of you this past year and a special thanks to Ellie Cope, our '06 President, Mary Peters, and Barbara Capiersheo, who have all been so gracious in collaborating with me to prepare for 2007. For those of you who don't know me, I offer the following introduction, and I look forward to our paths crossing this year.

In 1989 I established my consulting business in Rochester, where since the mid-nineties, I've served my clients primarily as an Executive Coach. I've been a member of RWN for 17 years and have held a number of leadership positions within the organization since then. Like many of you, I've benefited greatly from the business relationships and friendships I've made through RWN. I'm honored and excited about my 2007 role as President, and the opportunity to lead, and to give back to the organization, the membership, and the community.

As President, I'll make every effort to consistently carry the core values that I've developed in my life and work, into my service at RWN — truth and discretion, collaboration, flexibility, and balance. It's through these values that I make myself available to each and every one of you who may have feedback, recommendations, or needs that may enhance our service to you personally or to our members at large.

In the midst of change and progress, I strive to remain true to RWN's primary mission of creating and providing an environment for connections. With this in mind, it may be helpful for you to know the areas where I most hope to contribute during my tenure as President of RWN:

- Recruiting, engaging, and retaining young professionals; providing an environment where women can thrive and seasoned as well as young professionals can learn from one another;
- Continuing to build on our information technology capabilities to provide state-of-the-art connections and resources for our members, and increased operational efficiencies;
- Inclusion, generating a more diverse membership of women;
- PR, awareness and giving — enhancing our connections within our membership and across our community; and
- RWN's financial stability.

We have a great leadership team going into this year at the Board and Committee levels. And we welcome Esther Denaro Maltese as our President-Elect.

I'm hoping that as a member, if you've thought about exploring more connections through RWN, that you'll make the effort and benefit from doing so. And if you've thought about volunteering, we welcome your involvement at any level that works for you. I'm psyched about working for you, and with you, as we make this a memorable year for RWN.



Donna Rawady

Personal Safety For Women

- Date:** Wednesday, January 10, 2007
Time: 5:30 p.m. – 7:30 p.m.
Place: Legacy at Clover Blossom
100 McAuley Drive
Cost: \$20 Member/\$30 Non-member
(Light Meal Included)

Join **Kathy Iacovangelo**, a retired police officer, and learn how to keep yourself safe in a variety of situations. You will receive helpful tips on how to keep yourself from becoming a victim of crime and learn what to do if you become a victim. Kathy will share safety tips for crime prevention while shopping, using ATM machines, traveling, and at home, as well as identity theft. You will learn the specifics about protection devices, what purses and fanny packs are best for safety, what to do if followed, car jacked, during an abduction attempt, and what to do if assaulted. In addition, you will learn how 911 works.

Kathy Iacovangelo has been conducting personal safety and security presentations for the past 26 years. After 22 years of service, she retired from the Brighton Police Department where her duties included giving personal safety and security presentations. Since retiring, Kathy has continued to conduct these same courses as a consultant.

New Member Orientation & Recruitment

- Dates:** Tuesday, January 16, 2007
Wednesday, February 28, 2007
Tuesday, March 27, 2007
Time: 5:30 p.m. – 7:00 p.m.
Place: Cornell Cooperative Extension Building,
Lilac Room
249 Highland Avenue
Cost: No Charge

Are you...Changing careers? New to the area? New to our Network? A long-time RWN member looking to reap more benefits from your RWN membership? Interested in learning more about what RWN has to offer? If you answered yes to any of these questions, you are cordially invited to join us for an Orientation & Recruitment meeting. Learn more about RWN, one of the largest networking organizations of its kind. Network with new people, enjoy light refreshments, and begin to take full advantage of a networking organization with more than 600 members from 400 local businesses. Please call our office at (585) 271-4182 or register on-line at www.rwn.org.

Is Yours an "Accidental Career?"

- Date:** Wednesday, January 24, 2007
Time: 7:30 a.m. – 9:00 a.m.
Place: Cornell Cooperative Extension,
Highland Room
249 Highland Avenue
Cost: \$15 Member/\$25 Non-member
(Continental Breakfast Included)

Has your career path been more of an accident than a planned journey? Are you ready to move from an accidental path to a more directed one? If so, this is the program for you. Join **Karen Schuhle-Williams, Ph.D.** and learn about an action-oriented, self-revealing, and time contained strategy to change your wayward career path into a specific action plan. You'll walk away with knowledge that will help you figure out: Who you really are; How to overcome what prevents you from achieving your goals; Who your 'advisory committee' should be; and Strategic actions to take in the next three, six, and twelve months. The time will pass... what are you waiting for?

Karen Schuhle-Williams, Executive Director of the SUNY Brockport MetroCenter and Director of Special Sessions & Programs at the Brockport campus, has more than 20 years of experience in academia. Karen received her doctorate from Syracuse University, and in 2005, attended the Harvard Graduate School of Education Management Development program. She is on the Program Committee of the Rochester Women's Network, an out-going board member and treasurer of the AAUW Women Helping Girls (WHG) program, and is on the board of a NYS continuing education association. Through WHG, she has been the mentor of an inner city school student (now a freshman at Harvard) for seven years.

Early Bird Networking Is Here!

- Dates:** Tuesday, January 30, 2007
Tuesday, February 27, 2007
Tuesday, March 27, 2007
Time: 7:30 a.m. – 9:00 a.m.
Place: Bruegger's Bagel Bakery
548 Monroe Avenue
(Corner of Monroe Ave. & Goodman St.)
Cost: No Fee

We heard you when you told us you wanted more networking opportunities. Beginning in January 2007, we will have a **monthly Early Bird Networking** program on the last Tuesday of the month. There is no fee to attend and no registration is required. If you cannot come for the full 90 minutes, stay as long as your schedule allows. This is a great opportunity to meet new people and make vital connections. Mark your calendar and join us often throughout the year.

Wine and Chocolate Tasting

Plans are in the works for a winter wine and chocolate tasting. Watch the RWN web site for complete details, and join us for an evening of networking and sampling delicious wines and decadent chocolate confections.

Getting A Life: Not A Trivial Pursuit

Date: Wednesday, March 21, 2007

Time: 11:45 a.m. – 12 noon: Networking
12 Noon – 1:00 p.m.: Program

Place: Cornell Cooperative Extension, Highland Room
249 Highland Avenue

Cost: Bring your own lunch: \$12 Member/\$12 Member's Friend/\$22 Non-member
With box lunch: \$18 Member/\$18 Member's Friend/\$28 Non-member

Has your child ever become sick at the exact same time as your most important client meeting? Or has your elderly parent needed you as you are stepping onto a plane for that business trip?

Don't miss out on an opportunity to assess your ongoing search for work-life balance. Find out what kind of support can be available inside organizations and learn where other women have found their sources of support.

Sharon Melville, Director of Business Services at Career Development Services, will assist you in looking at your own situation and offering an approach to work-life balance that has helped many in their pursuit of a fulfilling life. Sharon's coaching and training activities focus on the design of innovative services addressing all aspects of employee development and work-life balance. She also designs and delivers customized presentations on topics related to leadership development, mentoring, and women's issues in the workplace for companies, including Eastman Kodak Company, Xerox Corporation, Bausch & Lomb, and Rochester Institute of Technology.

Invite a non-member friend to attend with you. **RWN Members may bring a non-member friend to this program at the member rate.** Your friend will thank you for introducing her to Rochester's premier networking organization for career minded-women, and you will help RWN continue to grow.

Up&Coming Newsletter Schedule Has Changed

Rochester Women's Network will publish the *Up&Coming* Newsletter quarterly beginning with this edition. The next edition of the newsletter will be mailed in late March and will include information for April, May, and June.

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Small Interest Groups (SIGs) This issue featuring...

Chocolate SIG

Members of the Chocolate SIG meet once a month to enjoy chocolate. This includes sampling restaurant desserts, having a theme night around a chocolate (ice cream or fondue), having a chocolate tasting at a local chocolate shop, cookie exchange, chocolate and a movie, or attending a chocolate tasting as a charitable event. The next meeting will be a **Fondue Night on January 23, 2007, at 6:30 p.m.** The evening will feature a few different fondues and a variety of items for dipping. SIG members will each bring an item for dipping. For more information, please contact Dawn Hampsey at hampseyd@frontiernet.net.

New SIG: Eat Right — It's Easier Than You Think!

Eating right is not as hard as you might think! It doesn't have to be confusing or overwhelming! Trying to sort out all of the media messages? There are lots of theories — but not that many proven facts! Want to feel better, more energetic? In this SIG, we'll get you thinking about eating right instead of wrong! This is NOT a weight loss group — but it might be a nice side effect for some! Join us and see — eating right can be easier than you think! For more information, contact Michele Groden at (585) 704-8372 or mgroden1@rochester.rr.com

Finance SIG

This SIG is designed for women with careers that deal with some aspect of finance. However, the criterion is applied liberally, and the SIG attempts not to have an over representation in any one profession. There are currently vacancies for members with experience in law, insurance, and medical, corporate, and government finance. The Finance SIG meets the third Wednesday of every month, from 12 noon to 1:00 p.m. at the Golden Dynasty Restaurant, 1900 South Clinton Avenue. There is no fee to attend, but everyone pays for their own meals.

At the monthly lunch meetings, a SIG member or guest presents a topic of interest to the group. Subject matter is timely and usually deals with a financial issue that has importance to SIG members professionally and/or personally. Examples of topics discussed are long term health care, stock portfolios, tax law, trademark law, changes in health care delivery, web page set-up, and identity theft, to mention a few. For more information, contact Joyce Moyer at joyce.moyer@morganstanley.com or Jeanne Morelli at jmorelli@dkcb.com.

B O A R D T R A N S I T I O N S

BEGINNINGS: Congratulations to Erica Czop, Shannon Craig-Mulvaney, Joanne Madonia, and Donna Pritchard elected for a two-year term; and to Deborah Harper, Alana Miller, Jeanne Morelli, and Lisa Powers, elected to serve a second two-year term; and to Lois Williams-Norman elected to serve a third two-year term.

We also extend a warm welcome to the officers of the 2007 Board of Directors: Donna Rawady, President; Esther Denaro Maltese, President Elect (Secretary); Lois Williams-Norman, Vice President of Finance (Treasurer); Deborah Harper, Vice President of Information Technology, Lisa Powers, Vice President of Membership; Holly Hewins, Vice President of Programs; Deborah Standardi, Vice President of Major Events; and Lynette Loomis, Vice President of Marketing.

ENDINGS: Ellie Cope's term as President ends on December 31, 2006. We are extremely grateful to Ellie for her vision, leadership, time, energy, and dedication.

We say goodbye to our outgoing Board members – Christine Conlon, Roberta Goheen, Patricia Leva, and Sheree Usiatynski – with gratitude and sadness. They will be missed.

Thank You to Our *Up&Coming* Sponsors

Up&Coming newsletter design: Calm & Sense Communications, staff@calmandsense.com

Calm & Sense Communications, Ltd.
25 North Washington Street
(585) 530-2420
www.calmandsense.com

If your organization would like to sponsor a future edition of our *Up&Coming*, please contact us at (585) 271-4182.

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Welcome New Members

Welcome to the following new Rochester Women's Network Members

Michelle Ames	Warner Graduate School at the University of Rochester	S. Dolly Malik	P.R.E. Consultants
Carol Aratari	Carol's Apparel	Barbara Markowitz-Kuipers	
Bridgett Arieno	Ernst & Young	Elizabeth Mertz	Catalyst Direct
Becky Baghai	Arbonne	Stacey Miller	Hat Horizons
Theresa Baker	BASC/Brockport Auxiliary Services	Jill Nabar	Two Paisans Pizza
Jean Blasdell	Bailey, Carr & Co.	Kelly Noyes	One Communications
Ann Marie Bonsignore	ER Associates	Colleen O'Brien	Bank of America
Stevy Bradley	Closing USA, LLC	Cindy O'Grady	Public Abstract Corporation
Alicia Buchta	Whimsical Event Planning	Kelly Olczak	Edward Jones Investment
Dale Chanaiwa	Chanaiwa Enterprises	Tammy Pillsbury	LRMP, Div. of Marshall & Sterling Inc.
Deborah Cormier	Business Consultant	Tricia Plummer	Hahn Associates
Donna DeClemente	DDC Marketing Group	Tiffanie Prota	Tifene Inc.
Ellen DiSano		Bernadette Rizzo	ESL Federal Credit Union
Heather Donohue	Southside Medical	Rachel Rosen	Norry Management Corp.
Rebecca Donohue	Rochester Business Journal	Marisa Russo	Correctional Medical Services
Susan Edelman		Ellen Sargeant	Clarion Riverside Hotel
Louise Finkenbinder	Eastman Kodak Company	Kelly Saucke Roland	Bramble Berry Barn, Inc.
Leslie Fountain Williams	State University of New York/REOC	Elizabeth Smythe	Arbonne International
Robin Frye	Monroe Community College	Eleanor Sparagana	
Gwendolyn Gassler		Kathryn Spengler	Citizens Bank
Joyce Giaconia	HSBC Mortgage Corp. USA	Mary Staropoli	Sojourner House
Mary Hadley	Eastman Kodak Company	Linda Steenburgh-Palmer	
Lauren Hanselman	LRMP, Div. of Marshall & Sterling Inc.	Marjorie Stell	Eastman Kodak Company
Nicole Heffernan	Unisys Corporation	Donetta Tchoroleev	Utility Shared Services
Kathy Hendel	Tompkins Insurance Agencies, Inc.	Catherine Thomas	Berkshire Farm Center
Jennifer Houghton	Citizens Bank	Gretchen VanDerMeid	Design NY
Beverly Janosky	Eastman Kodak Company	Diane VerValin	Psychotherapist
Carol Kennedy	Carol Kennedy Massage Therapy	Stacey Wawrzyniec	Invitation Only Events
Ellen Lindahl	Preferred Care	Jillian Willoughby	Baby Splendor
Mary Clare Lyons	Southside Medical	Lisa Winghart	Winghart Nutrition & Fitness
Debra Maddow	University of Rochester	Majorie Zack	Rochester Institute of Technology
		Elizabeth Zicari	HCR

First Wine Down Wednesday a Success

Retreat House Massage owners Gail Valente and Joan Powell welcomed RWN Patrons, Mentors, and Advocates to a special, invitation only evening November 15, 2006. They graciously closed to the public to host **Wine Down Wednesday** just for RWN.

We received a private tour, met some of their very talented technicians, enjoyed wine and cheese, and did what RWN members do best — networked! They even offered us discounts for future services. If you have not tried Retreat House

Massage, please contact them, you will not regret it. They have a detailed web site at www.retreathousemassage.com. If you are interested in hosting an "invitation only" event please contact Lisa Powers, Membership Vice President at 546-2500 or lpowers@mccmlaw.com. If you want to participate in one of these special events, upgrade your membership to the Patron, Mentor, or Advocate level! Contact the RWN office for details — all it takes is a phone call or email along with your payment!

January/February/March Program Registration

Instructions: Use this form to register. You can also register online at www.rwn.org or by calling (585) 271-4182. Your registration must include payment for the programs and events selected. To register, complete and send/email this form to RWN with your check or VISA/MC information as described below. Once we receive your registration and payment, you are a confirmed participant unless we contact you. We do not mail tickets or confirmations. **Note:** If using this form to purchase membership and sign up for programs/events, register at the member rate. Returned checks incur a \$25 fee. **Address:** Mail your form and payment to Rochester Women's Network, 249 Highland Avenue, Rochester, NY 14620. You may fax your reservation(s) to (585) 271-7159 or register online at www.rwn.org if you are paying via credit card. All registrations via check must be mailed or hand-delivered. Please use one reservation form per person. **Event:** At each function there will be a registration table to pick up your name tag. Please be sure to register, wear your name tag, and enjoy networking!

Date	Check Here	Program Title	Reservation Deadline	Cost Member/Non-member
10-Jan	<input type="checkbox"/>	Personal Safety for Women	06-Jan	\$20 Member/\$30 Non-member
16-Jan	<input type="checkbox"/>	Orientation & Recruitment	10-Jan	No Charge
24-Jan	<input type="checkbox"/>	Is Yours an Accidental Career?	18-Jan	\$15 Member/\$25 Non-member
28-Feb	<input type="checkbox"/>	Orientation & Recruitment	23-Feb	No Charge
07-Mar	<input type="checkbox"/>	3 rd Annual RWN Splash! & 2007 "W" Award	28-Feb	\$30 Member/\$40 Non-member until 2/28 \$35 Member/\$45 Non-member after 2/28
21-Mar	<input type="checkbox"/>	Getting a Life: Not a Trivial Pursuit	14-Mar	Bring your lunch: \$12 Member/\$22 Non-member With box lunch: \$18 Member/\$28 Non-member
<input type="checkbox"/> Ham <input type="checkbox"/> Turkey <input type="checkbox"/> Tuna <input type="checkbox"/> Garden Salad <input type="checkbox"/> No mayo <input type="checkbox"/> Soda <input type="checkbox"/> Juice <input type="checkbox"/> Bottled water				
27-Mar	<input type="checkbox"/>	Orientation & Recruitment	21-Mar	No Charge

Membership or Renewal: Basic Membership \$100 Patron \$200 Mentor \$350 Advocate \$650

Member Non-member Total Amount: \$ _____

Name _____

Address _____

City/State/Zip _____

Phone _____ Fax _____

Email _____

Card # _____

Exp. Date _____

Check enclosed Charge: VISA MC

Signature _____

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Return Services Requested

women making connections

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