

# WHICH FAMILY DOESN'T HAVE ENOUGH FOOD TO EAT?

You can't tell. Because hunger is a hidden problem. One in four people living in Hampton Roads depends on the Foodbank for assistance. But we can't do it alone. Your donation of food, time or money will help put food on the table where it's needed.

**627.6599 / DONATE NOW AT [HELPTHEFOODBANK.COM](http://HELPTHEFOODBANK.COM)**

 **Foodbank**  
of Southeastern Virginia  
Until hunger goes away.

**THE FACE OF HUNGER LOOKS LIKE SOMEONE YOU KNOW.**

That's because there are more hungry people in Hampton Roads than you can imagine. The startling number is one in four. And they look to the Foodbank for help. But we can't do it alone. Your donation of food, time or money will help to make hunger a stranger in our community.

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