



NEBRASKA  
SCHOOL  
COUNSELOR  
ASSOCIATION

About the Day

The Nebraska School Counselor Association's  
32<sup>nd</sup> Annual Elementary School Counselor Conference  
Lied Lodge and Conference Center Nebraska City, Nebraska  
April 5, 2019. 7:45 a.m. to 3:15 p.m.

**Heather T. Forbes presents:**

## Back to the Love of Learning -- Transforming Trauma Informed Classrooms

### Registration:

Members of NSCA: **\$85**

Non-members: **\$105**

**Fee includes:** Light breakfast, lunch buffet, continuous drink service, meeting room, and speaker.

To register visit [www.neschoolcounselor.org](http://www.neschoolcounselor.org).

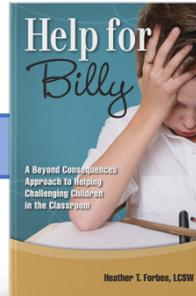
A credit/debit card is required at the time of online registration.

Registration opens January 15, 2019.

**Registration Deadline:** March 29, 2019.

### Agenda:

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|----------------------|--|
| <b>7:45 – 8:30</b>   | Registration, Light Breakfast, & Shopping  |
| <b>8:30 – 8:45</b>   | Welcome  |
| <b>8:45 – 11:30</b>  | <b>Heather Forbes:</b> This is Your Brain on Trauma: Understanding the Impact of Stress on a Student's Development/The Trauma-Informed Classroom: Proactive Strategies to Improve Relationships and Regulations      |
| <b>11:30 – 12:30</b> | Lunch Buffet, Networking, Shopping   |
| <b>12:30 – 3:00</b>  | <b>Heather Forbes:</b> The Trauma-Informed Classroom: In-the-Moment Strategies with Defiant and Non-Compliant Students/The Trauma-Informed Classroom: Empowering Students for Behavioral Change and Academic Success |
| <b>3:00 – 3:15</b>   | Wrap up & Evaluations  |



### Heather T. Forbes

is the owner of the Beyond Consequences Institute and author of five books on the topic of working with trauma-impacted children. Coming from a family of educators, Forbes has a passion for helping children in the classroom. Trauma robs children of their curiosity and her passion is to help these students return back to their innate love for learning. She consults and lectures extensively with both general and special education schools around the nation. Her signature style is to bridge the gap between academic research and "when the rubber hits the road" classroom situations, giving teachers and school personnel the understanding and tools they need for even the most challenging of students. Forbes has worked in schools with trauma-impacted students and knows first hand how challenging it can be on a day-in and day-out basis with these students. Additionally, much of her insight on understanding trauma, disruptive behaviors, and developmental delays, also comes from her own experience of raising two internationally adopted children and mentoring a severely trauma-impacted young adult.

### Shopping

Folkmanis puppets, specially selected children's literature titles from Bookworm, and brain tools will be available for purchase at the conference. *We will be accepting credit cards, checks, or cash for all items.*

### About the Day

The conference has been purposefully planned at a retreat center. Come in blue jeans, sweats, or whatever clothing you feel most comfortable in.

### Inclement Weather

In the event of inclement weather, every attempt will be made to make a decision regarding any cancellation or postponement in advance. All communications about changes related to weather will come to you via the email submitted at registration.

### Guest Rooms at Lied Lodge

A block of rooms has been reserved for our Counselor Conference at the price of **\$109.00 per room** – single occupancy plus applicable tax.

**To make a room reservation – Call Toll Free: 800-546-5433**